

THE SOURCE

AT RED BANK REGIONAL HIGH SCHOOL

**Program Resources and Services Phone Numbers and Links
Provided by: The SOURCE at Red Bank Regional High School**

Crisis & Community Based Supportive Services

National Suicide Prevention Lifeline

Toll-Free: 1-800-273-TALK (1-800-273-8255)

Toll-Free (español): 1-888-628-9454

TTY: 1-800-799-4TTY (1-800-799-4889)

Website in English: <https://www.suicidepreventionlifeline.org>

Website in Spanish: <https://suicidepreventionlifeline.org/help-yourself/en-espanol>

Society for the Prevention of Teen Suicide- 732-410-7900

2nd Floor Youth Hotline

888-222-2228 Talk Line

908-280-0235 Text Line

<https://www.2ndfloor.org>

1-866-488-7386 Trevor Project

Crisis Text Line

741741

Hot Lines & 24 Hour Emergency Services

Riverview Medical Center-Crisis Intervention Services 732-219-5325

Monmouth Medical Center-Crisis Intervention Services 732-923-6999

Jersey Shore University Medical Center 732-776-4555

Bayshore Medical Center- 732-739-5900

Monmouth County Office of Mental Health- 732-431-7200

Monmouth County Health Department 732-845-2070

Perform Care/Children's Mobile Response 1-877-652 -7624

180 (Women's Center) *Hazlet Office 732-264-4111 *Neptune Office 732-988-5200

Division of Child Protection & Permanency (DCP&P) - 1-877-NJABUSE or
1-877-652-2873

Family Crisis Intervention 732-542-2444 After hours 732-996-7645

Parents Anonymous Helpline 1-800-843-5437

NAMI (National Alliance on Mental Illness) HelpLine (800) 950-6264_

[COVID-19 \(CORONAVIRUS\) INFORMATION AND RESOURCES](#)

NJ Mental Health Cares: 866-202-HELP (4357)

<https://www.njmentalhealthcares.org>

Resources:

Substance Abuse

Al-Anon/Alateen - 1-888-944-5678 <https://al-anon.org/al-anon-meetings/>

Alcoholics Anonymous (AA)- 1-800-245-1377 <https://aa.org/>

Narcotics Anonymous 800-992-0401 <https://nanj.org/>

Gambling Helpline- 1-800-426-2537 <https://800gambler.org/>

<http://nj-cars.org/resources/virtual-and-phone-based-recovery-services/>

<https://www.intherooms.com/home/>

<https://www.familyaddictionnetwork.org/>

<https://teen.smokefree.gov/quit-vaping/anxiety-stress-vaping>

<http://www.parentchecknj.com/>

<http://www.raftsnj.org/>

Free Apps to Support People in Recovery During COVID-19 Outbreak

[Connections App](#)

[Recovery Support Apps](#)

Housing

Affordable Housing Alliance- 732-389-2958

Monmouth County Homeless Shelters- 732-431-6000 x 2081 or x5872

Legal Services

Legal Aid Society- 732-869-5619

Disability Rights NJ- 1-800-922-7233

United Way

www.211.org

Call 211

Text zip code to 898211

Child Mind Institute

Childmind.org

National Children's Alliance

[Care for Your Coronavirus Anxiety](#)

<https://www.nationalchildrensalliance.org>

New Jersey Covid 19 Information Hub Website:

<https://covid19.nj.gov>

New Jersey Pandemic Relief Fund, hosted by the Community Foundation of New Jersey collects donations and distributes funds, supporting organizations that provide essential services and aiding those on the front line of the pandemic.

NJPandemicRelief@cfnj.org

973-828-2948

Employment

<https://jobs.covid19.nj.gov/>

*If you are looking for **individual therapy referrals**, please contact The Source Supervisor Suzanne Keller at skeller@rbrhs.org or Source Clinical Supervisor Stacy Liss at sliss@rbrhs.org. For Spanish speaking assistance please contact Marisol Mondaca at mmondaca@rbrhs.org